

MEDICAL FLEXIBLE SPENDING ACCOUNT ELIGIBLE EXPENSES

Please note this listing is subject to change at any time and without notice due to new legislation.

MEDICAL EXPENSE	ELIGIBLE YES	ELIGIBLE NO	POTENTIALLY ELIGIBLE*
AA meetings, transportation to			√
Abortion	√		
Acne Treatment			√
Acupuncture	√		
Adaptive Equipment			√
Adoption, pre-adoption medical expenses	√		
Air conditioner			√
Air Purifier			√
Alcoholism treatment	√		
Allergy treatment products other than medicine			√
Alternative healers/Chinese herbal			√
Ambulance	√		
Appearance Improvements		√	
Arthritis gloves	√		
Artificial limbs	√		
Artificial teeth	√		
Automobile modifications			√
Bandages, elastic	√		
Birth control pills			√
Birthing Classes			√
Blood Pressure monitoring devices	√		
Blood Storage			√
Blood sugar test kits and test strips	√		
Body Scans	√		
Books, health related			√
Braille Books & magazines (only amounts above the cost of regular printed material will qualify)	√		
Breast Pumps	√		
Breast reconstruction surgery following mastectomy	√		
Capital expenses (Improvements or special equipment added to a home)			√
Car Modifications			√
Car Seats		√	
Carpal tunnel wrist supports	√		
Cayenne pepper			√
Chelation therapy	√		

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Child Birth Classes			√
Chiropractors	√		
Chinese Herbal practitioner			√
Chondroitin			√
Christian Science practitioners			√
Circumcision	√		
Classes, health related (prescribed by doctor to treat the disease rather than to promote general health)			√
Club dues and fees			√
Co-insurance amounts (if the underlying service/item qualifies.)	√		
COBRA premiums		√	
Cold/hot packs (only those that are sold as medical supplies, not hot water bottles and heating pads)			√
Cologne		√	
Compression Hose (doctor prescribed)			√
Compression Hose			√
Condoms	√		
Contact lenses, material and equipment such as saline solution and enzyme cleaner.	√		
Contraceptives			√
Controlled substance in violation of federal law		√	
Co-payments (if the underlying service/item qualifies.)	√		
Cosmetic		√	
Cosmetics procedures		√	
Cough Suppressants			√
Counseling (for a medical reason only does not include marriage counseling)			√
CPAP (continuous positive airway pressure devices)	√		
Crowns, dental (not for cosmetic purposes)	√		
Crutches	√		
Dancing Lessons			√
Deductibles (if underlying service/item qualifies)	√		

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Dental Floss		√	
Dental sealants	√		
Dental services & procedures	√		
Deodorant		√	
Dentures and denture adhesives	√		
Diabetic socks			√
Diabetic supplies	√		
Diagnostic items/services	√		
Diapers or Diaper Service		√	
Dietary supplements			√
Disabled Dependent Care Expenses			√
Doula (only for the medical care of the mother and/or child)	√		
DNA collection & Storage			√
Drug addiction treatment (inpatient treatment at a therapeutic center)	√		
Drug overdose treatment	√		
Drug testing kits		√	
Drugs and medications (must be prescribed)	√		
Dyslexia treatment			√
Ear Piercing		√	
Egg donor fees			√
Eggs and embryos storage fees			√
Electrolysis or hair removal		√	
Elevator			√
Exercise equipment or programs			√
Eye examinations	√		
Eyeglasses, equipment and materials	√		
Face Creams		√	
Face lifts		√	
Feminine hygiene products (ex. tampons)		√	
Fertility treatments			√
Fiber Supplements			√
First Aid kits	√		
Fitness programs			√
Flu shots	√		
Fluoridation services	√		
Food thickeners			√
Foods			√
Foreign countries medical care			√

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received in foreign country			
Founder's fee		√	
Funeral expenses		√	
Gambling problem treatment			√
Gauze pads	√		
Genetic testing (to diagnose a medical condition only)	√		
Glucosamine			√
Glucose monitoring equipment	√		
Guide Dog	√		
Hair colorants		√	
Hair removal and transplants		√	
Hand lotion		√	
Hand sanitizer			√
Health club fees (limited circumstances)			√
Health Institute fees			√
Hearing Aids & its batteries	√		
Herbs (requires note from medical practitioner)			√
Holistic or natural healers, dietary substitutes and drugs and medicines			√
Home Care			√
Home Improvements			√
Hormone Replacement Therapy			√
Hospital Services (inpatient care)	√		
Household help		√	
Humidifier			√
Hydrotherapy (requires note form medical practitioner)			√
Hypnosis			√
Illegal operations and treatments		√	
Immunizations	√		
Inclinor (requires note from medical practitioner)		√	
Incontinence supplies	√		
Infertility treatments			√
Insulin	√		
IVF (In vitro fertilization)			√
Lab fees	√		
Lactation consultant			√
Lactose intolerance tablets (require			√

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note from medical practitioner)			
Lamaze classes (extent that instruction relates to birth and not childrearing)		√	
Language training (for child with dyslexia or disabled need note from medical practitioner)			√
Laser eye surgery; Lasik	√		
Laser hair removal		√	
Late fees		√	
Lead based paint removal (must be primarily for medical care & note from medical practitioner)			√
Learning disability instructional fees (must be prescribed by physician)			√
Legal fees general			√
Legal fees in connection w/ fertility treatments			√
Lipstick		√	
Liquid adhesive for small cuts	√		
Lodging at a hospital or similar institution (principal reason to receive medical care)	√		
Lodging of a companion			√
Lodging while attending a medical conference		√	
Marijuana or other controlled substances in violation of federal law		√	
Marriage counseling		√	
Masks disposable			√
Make up		√	
Massage therapy			√
Mastectomy related special bras	√		
Maternity clothes		√	
Mattresses		√	
Meals at a hospital or similar institution			√
Meals not at a hospital or similar institution		√	
Meals of a companion		√	
Meals while attending a medical conference		√	
Medical alert bracelet or necklace	√		

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Medical Conference			√
Medical information plan charges	√		
Medical monitoring and testing devices	√		
Medical records charges	√		
Medicines and drugs (must be prescribed)	√		
Mentally handicapped, special home			√
Mineral supplements			√
Missed appointment fees		√	
Moisturizers		√	
Morning after contraceptive pills			√
Motion sickness wristbands	√		
Mouthwash		√	
Nail polish		√	
Nasal strips or sprays			√
Naturopathic healers			√
Nicotine gum or patches			√
Nonprescription drugs			√
Norplant insertion or removal	√		
Nursing service for a baby		√	
Nursing Services provided by a nurse or other attendant			√
Nutritional supplements			√
Nutritional professional expenses			√
Obstetrical expenses	√		
Occlusal guards to prevent teeth grinding	√		
Occupational therapy			√
One a day vitamins		√	
Online or telephone consultation, medical practitioner's fee	√		
Operations	√		
Optometrist	√		
Organ donors	√		
Orthodontia	√		
Orthopedic shoe inserts	√		
Orthopedic shoes (note from doctor to treat a medical condition and then only the excess cost of the specialized shoe over the cost of a regular shoe)	√		
Osteopath fees	√		

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Over the Counter drugs (with doctor prescription only)			√
Ovulation monitor	√		
Oxygen	√		
Perfume		√	
Permanent waves		√	
Personal Trainer			√
Petroleum jelly			√
Physical exams	√		
Physical therapy	√		
Pregnancy test kits	√		
Prenatal vitamins (only taken during pregnancy will they be approved)	√		
Prescription drugs (must have prescription)	√		
Prescription drugs obtained from other countries		√	
Preventive care screenings	√		
Probiotics			√
Propecia			√
Prosthesis	√		
Psychiatric care	√		
Psychoanalysis			√
Psychologist			√
Radial keratotomy	√		
Reading glasses	√		
Recliner chairs		√	
Rehydration solution (Pedialyte)	√		
Rental cars			√
Retin-A			√
Rogaine			√
Rubbing alcohol	√		
Rubdown			√
Safety glasses		√	
Screening tests	√		
Schools and education, special			√
Service animal , to assist individual w/ mental health disabilities			√
Shampoos		√	
Shaving cream or lotion		√	
Shipping and handling fees (incurred to obtain an item that constitutes	√		

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medical care)			
Skin moisturizers		√	
Sinus medications			√
Sleep deprivation treatment (doctor prescribed)	√		
Smoking cessation medications			√
Smoking cessation programs	√		
Soaps		√	
Special foods			√
Speech therapy	√		
Sperm, storage fees (only if stored and used within the same year)	√		
St. John's wart			√
Stem cell, harvesting and/or storage of (only if used for the purpose of a newborns birth defect, not a just in case)			√
Sterilization procedures	√		
Stop smoking program	√		
Student health fee			√
Sunscreen/Sunburn creams and ointments			√
Sunglasses (prescribed)	√		
Sun protective clothing (if medical condition (melanoma) prescribed by doctor)			√
Sunscreen		√	
Sunscreen, cosmetics or similar products			√
Suntan lotion		√	
Supplies to treat medical condition	√		
Support braces	√		
Surgery	√		
Surrogate ir gestational carrier expense		√	
Swimming Lessons			√
Swimming pool maintenance (if used for medical care and doctor states part of medical treatment)			√
Tanning salons		√	
Taxes on medical services and products (such as local, sales, service and other taxes)	√		

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Teeth Whitening		√	
Telephone for hearing impaired	√		
Television for hearing impaired persons	√		
Therapy (not just for the general improvement of mental health, relief of stress, or personal enjoyment) (doctor note necessary)	√		
Thermometers	√		
Toiletries		√	
Toothbrushes		√	
Toothpaste		√	
Transplants	√		
Transportation cost of disabled individual commuting to and from work		√	
Transportation expenses for person to receive medical care	√		
Transportation of someone other than the person receiving medical care (a parent who must go with a child who needs medical care, a nurse or other person who give injections/medications)			√
Transportation to and from medical conference			√
Tuition for special needs program (if primary purpose if for medical care)			√
Tuition evidencing separate breakdown for medical expenses	√		
Ultrasound, prenatal (only if for diagnosing fetal health & development not for snapshots)	√		
Umbilical cord blood storage (if intended to treat a newborn with a birth defect)			√
Usual and customary charges, excess	√		
Vaccines	√		
Varicose veins, treatment of			√
Vasectomy	√		
Vasectomy reversal	√		
Veneers		√	
Veterinary fees (only if fees incurred are for the care of a guide dog or	√		

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other animal used by a disabled person)			
Viagra (doctor prescribed)	√		
Vision correction procedures	√		
Vision discount programs		√	
Vitamins			√
Walkers	√		
Wart remover treatments			√
Weight loss programs (only doctor prescribed to treat obesity, heart disease or diabetes)			√
Wheelchair	√		
Wigs (if hair loss is due to disease or treatment of illness, chemo or radiation)			√
X-Ray fees	√		

*Potentially Eligible = In most cases you would need to provide a letter of medical necessity from your physician for this expense to be considered. Most over the counter drugs will be considered ineligible expenses unless you have a written prescription from your physician.