

# Medical Flexible Account Eligible Expenses

Please note this listing is subject to change at any time and without notice due to new legislation. The below list is an abridged version of allowable expenses intended to provide clarity on the most common expenses. If you are questioning a specific expense and do not see it on the below list, please contact PS Administrators.

MEDICAL EXPENSE	ELIGIBLE YES	ELIGIBLE NO	POTENTIALLY ELIGIBLE*
Abortion	√		
Acne Treatment			√
Acupuncture	√		
Adaptive Equipment			√
Adoption, pre-adoption medical expenses	√		
Air Purifier			√
Alcoholism treatment	√		
Allergy treatment (products and medications)	√		
Alternative healers/Chinese herbal	√		
Ambulance	√		
Appearance Improvements		√	
Artificial limbs	√		
Artificial teeth	√		
Automobile modifications			√
Bandages, elastic	√		
Birth control pills	√		
Birthing Classes	√		
Blood Pressure monitoring devices	√		
Blood Storage			√
Blood sugar test kits and test strips	√		
Body Scans	√		
Books, health related			√
Breast Pumps	√		
Breast reconstruction surgery following mastectomy	√		
Capital expenses (Improvements or special equipment added to a home)			√
Car Modifications			√
Car Seats		√	
Child Birth Classes	√		
Chiropractors	√		
Chinese Herbal Practitioner	√		
Circumcision	√		
Classes, health related (prescribed by doctor to treat the disease rather than			√

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<b>to promote general health)</b>			
<b>Club dues and fees</b>			√
<b>Co-insurance amounts (if the underlying service/item qualifies)</b>	√		
<b>COBRA premiums</b>		√	
<b>Cold/hot packs (only those that are sold as medical supplies, not hot water bottles and heating pads)</b>			√
<b>Condoms</b>	√		
<b>Contact lenses, material and equipment such as saline solution and enzyme cleaner</b>	√		
<b>Contraceptives</b>	√		
<b>Controlled substance in violation of federal law</b>		√	
<b>Co-payments (if the underlying service/item qualifies)</b>	√		
<b>Cosmetic Procedures</b>		√	
<b>Cough Suppressants</b>	√		
<b>Counseling (for a medical reason only, does not include marriage counseling)</b>			√
<b>CPAP (continuous positive airway pressure devices)</b>	√		
<b>Crowns, dental (not for cosmetic purposes)</b>	√		
<b>Crutches</b>			√
<b>Deductibles (if underlying service/items qualify)</b>	√		
<b>Dental Services &amp; Procedures</b>	√		
<b>Dentures and Denture Adhesives</b>	√		
<b>Diabetic Supplies</b>	√		
<b>Diagnostic items/services</b>	√		
<b>Dietary Supplements</b>	√		
<b>Disabled Dependent Care Expenses</b>			√
<b>Doula (only for the medical care of the mother and/or child)</b>	√		
<b>DNA Collection &amp; Storage</b>			√

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Drug addiction treatment (inpatient treatment at a therapeutic center)	√		
Drug overdose treatment	√		
Drug testing kits		√	
Drugs and medications (including Over The Counter)	√		
Egg donor fees			√
Eggs and embryos storage fees			√
Electrolysis or hair removal		√	
Exercise equipment or programs			√
Eye examinations	√		
Eyeglasses, equipment and materials	√		
Feminine hygiene products (see Menstrual Care)	√		
Fertility treatments			√
First Aid Kits	√		
Fitness Programs			√
Flu Shots	√		
Foods			√
Foreign countries, medical care received in foreign country			√
Founder's fee		√	
Funeral expenses		√	
Genetic Testing (to diagnose a medical condition only)	√		
Glucosamine	√		
Glucose monitoring equipment	√		
Guide Dog	√		
Health club fees (limited circumstances)			√
Hearing Aids & its batteries	√		
Herbs and Over The Counter medicines	√		
Holistic solutions (ex: natural healers, herbs, etc.)	√		
Home Care			√
Hormone Replacement Therapy			√
Hospital Services (inpatient care)	√		

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Hydrotherapy (requires note from medical practitioner)			√
Immunizations	√		
Incontinence supplies	√		
Infertility treatments			√
Insulin	√		
IVF (in vitro fertilization)			√
Lab fees	√		
Language training (for child with dyslexia or disabled, need note from medical practitioner)			√
Laser eye surgery; Lasik	√		
Laser hair removal		√	
Late fees		√	
Learning disability instructional fees (must be prescribed by physician)			√
Legal fees general			√
Lodging at a hospital or similar institution (principal reason to receive medical care)	√		
Marijuana or other controlled substances in violation of federal law			√
Marriage counseling		√	
Masks, disposable	√		
Massage Therapy			√
Medical alert bracelet or necklace	√		
Medical monitoring and testing devices	√		
Medical records charges	√		
Menstrual Care Products (ex. tampons, pads, etc.)	√		
Mentally handicapped, special home			√
Mineral supplements	√		
Morning after contraceptive pills	√		
Nasal strips or sprays	√		
Naturopathic healers	√		
Nonprescription drugs	√		
Nutritional supplements	√		
Nutritional professional expenses			√

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Occlusal guards to prevent teeth grinding	√		
Occupational therapy			√
Online or telephone consultation, medical practitioner's fee	√		
Operations	√		
Optometrist	√		
Orthodontia	√		
Osteopath fees	√		
Over the Counter drugs (prescription not required)			√
Ovulation monitor	√		
Oxygen	√		
Physical exams	√		
Physical therapy	√		
Pregnancy test kits	√		
Prenatal vitamins (prescription not required)	√		
Prescription drugs (must have prescription)	√		
Prescription drugs obtained from other countries		√	
Preventive care screenings	√		
Prosthesis	√		
Psychiatric Care	√		
Psychologist			√
Reading glasses	√		
Rogaine			√
Screening tests	√		
Schools and education, special			√
Service animal, to assist individual w/mental health disabilities			√
Sleep deprivation treatment (doctor prescribed)	√		
Smoking cessation programs	√		
Special foods			√
Speech therapy	√		
Sperm, storage fees (only if stored and used within the same year)	√		

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<b>Stem cell, harvesting and/or storage of (only if used for the purpose of a newborn's birth defect, not a just-in-case)</b>			√
<b>Sterilization procedures</b>	√		
<b>Sunscreen/Sunburn creams and ointments (SPF 15 or higher)</b>	√		
<b>Sunglasses (prescription)</b>	√		
<b>Supplies to treat medical condition</b>	√		
<b>Support braces</b>	√		
<b>Surgery</b>	√		
<b>Surrogate or gestational carrier expense</b>		√	
<b>Taxes on medical services and products (such as local, sales, service and other taxes)</b>	√		
<b>Teeth Whitening</b>		√	
<b>Therapy (not just for the general improvement of mental health, relief of stress, or personal enjoyment, doctor note necessary)</b>	√		
<b>Thermometers</b>	√		
<b>Transplants</b>	√		
<b>Transportation cost of disabled individual commuting to and from work</b>		√	
<b>Transportation expense for person to receive medical care</b>	√		
<b>Tuition for special needs program (if primary purpose is for medical care)</b>			√
<b>Ultrasound, prenatal (only if for diagnosing fetal health &amp; development, not for snapshots)</b>	√		
<b>Umbilical cord blood storage (if intended to treat a newborn with a birth defect)</b>			√
<b>Vaccines</b>	√		
<b>Vesectomy</b>	√		
<b>Viagra (no prescription necessary)</b>	√		
<b>Vision correction procedures</b>	√		

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<b>Vitamins</b>	√		
<b>Walkers</b>	√		
<b>Weight loss programs (only doctor prescribed to treat obesity, heart disease or diabetes)</b>			√
<b>Wheelchair</b>	√		
<b>Wigs (if hair loss is due to disease or treatment of illness, chemo or radiation)</b>			√
<b>X-Ray fees</b>	√		

\*Potentially Eligible = In most cases you would need to provide a letter of medical necessity from your physician for this expense to be considered.

Effective 1/1/2020, over the counter (OTC) drugs and menstrual products will be considered eligible expenses.